

The Teaching of Dependent Origination 1

Four Seals of the Law

- 1) Aniccā—all is impermanent.
- 2) Anattā—nothing has a permanent (persisting) self.
- 3) Dukkha—the reality of the sufferings of human existence.
- 4) Nirvana is tranquility; suffering can be transformed into happiness.

The Four Noble Truths

- 1) Life is suffering.
- 2) There is a cause of suffering: craving.
- 3) There is a cessation of suffering: nirvana.
- 4) There is a Path that leads to the cessation of suffering: the Eightfold Path of training.

Dependent Origination

- 1) ignorance, avidyā, avijjā;
- 2) volitional actions, saṃskāra, saṅkhāra;
- 3) consciousness, vijñāna, viññāna;
- 4) material & physical phenomena or individuality, nāma-rūpa;
- 5) six sense faculties, saḍ-āyatana, salāyatana;
- 6) contact, sparśa, phassa;
- 7) sensation, vedanā, vedanā;
- 8) desire, trsnā, tanhā
- 9) clinging, upādāna, upādāna
- 10) becoming, bhava, bhava.
- 11) birth, jāti, jāti.
- 12) old age & death, jarā-marana, jarā-marana.

